

**LIST OF MEMBER COMPANIES**

A-Gas UK Ltd	Knorr-Bremse Systems for Commercial Vehicles Ltd
ACE Consulting SW Ltd	Linden Ruskin Training Ltd
Airbus Operations Ltd	Lloyds Banking Group plc
Andrew Owst Consulting	Lyons Davidson Solicitors
Arco Ltd	Mark Howard
Ashfords LLP	Mathais & Sons Ltd
Bath Spa University	M J Church Ltd
Bray & Slaughter Ltd	North Somerset Council
Bristol City Council	Osborne Clarke Solicitors
Bristol Water plc	Outsource Safety
Bristol Zoo Gardens	R B Safety Ltd
Building Safety Group Ltd	Renishaw plc
Burges Salmon LLP	Roger Pinder
CHOHS Ltd	Rolls-Royce Group plc
Circle Safety Ltd	Russell Hancock
City of Bristol College	Safe Systems Consultancy Ltd
Clarks International	S E A M S Ltd
Clifton College	St Monica Trust
Curo Group	South Gloucestershire & Stroud College, Filton Campus
Defence Equipment & Support (MOD Abbeywood)	South Gloucestershire Council
Ecclesiastical Insurance Group	Stage Electrics
Edmont Ltd	Steve Wiltshire (Safety Matters) Ltd
Environmental Health Associates	Sustainable Business Solutions
Event Safety Solutions Ltd	The Event Safety Shop Ltd
GAS-Con Ltd	The H S Q E Department Ltd
G K N Aerospace Filton	Trident H S & E Ltd
Health, Safety and Fire Specialists Ltd	University of Bath
Hochtief (UK) Construction Ltd	University of Bristol
Holt J C B	University of the West of England
Ian Williams Ltd	Veale Wasbrough Vizards LLP
IKEA Ltd	Vehicle & Operator Services Agency (VOSA)
J Douglas Ltd	Wales and West Utilities
Karen Fitt	Wiltshire County Council
Ken Hutton Ltd	

**GROUP OFFICERS 2018 - 19**

**President**

Richard Bretton

**Chair**

Linden Ruskin - Linden Ruskin Training Ltd  
01278 793200  
Linden.Ruskin@LRTraining.co.uk

**Honorary Secretary & Treasurer**

Andrew Owst  
01761 221893  
andrewowst@hotmail.com

**Committee Members**

Peter Brown  
0117 9407560  
peter@peter-brown.co.uk

Richard Voke - Ashfords Solicitors  
0117 321 8000  
r.voke@ashfords.co.uk

Richard Parry – Ian Williams Ltd  
01454 328000  
richard.parry@ianwilliams.co.uk

Paul Kimpton – Building Safety Group Ltd  
0300 304 9070  
paul@bsg ltd.co.uk

Philippa Burgess – Bristol Water  
0787 639 8183  
philippa.burgess@bristolwater.co.uk

Mark Pollard – Ian Williams Ltd  
01454 328000  
Mark.Pollard@ianwilliams.co.uk

Sam Christophers – Ian Williams Ltd  
01454 328000  
Sam.Christophers@ianwilliams.co.uk

Jack Baumgardt – Ashfords Solicitors  
0117 321 8021  
j.baumgardt@ashfords.co.uk

**Group Administrator**

Joan Ostheimer  
01935 840200  
AOSHcoordinator1@gmail.com

The Mead, Main Street, Chilthorne Domer, Somerset BA22 8RD



**AVON OCCUPATIONAL SAFETY & HEALTH GROUP**

[www.aosh.org.uk](http://www.aosh.org.uk)

[www.linkedin.com/grp/home?gid=8145062](https://www.linkedin.com/grp/home?gid=8145062)

**Programme 2018 - 2019**

**Venue**

**BAWA Healthcare and Leisure Conference Centre**  
Southmead Road, Filton, Bristol BS34 7RG  
0117 987 3244

Meetings begin at 10.00am (with coffee available from 9.30am) and finish at noon.



**Group Chair**

Programme is for 2018-2019

Welcome to our Programme for the coming year! As you can see below, we have some amazing speakers lined up and all willing to share their expert knowledge with us on a wide variety of topics. We hope this will prove of interest to a variety of staff within our member companies and organisations and to enable everyone to share in the very best of Best of Practice. Our ongoing aim is to appeal to as broad an audience as possible but we cannot spread the word without your help. So please, don't keep AOSH and our new Programme a secret; pass it onto anyone you think may benefit from attending just one meeting or even better to becoming a member...

*Linden Ruskin*

**CPD**

Members of IOSH may claim a single CPD point for each meeting's attendance. Members must sign the Attendance Register that is passed around at every meeting to ensure that subsequent claims can then be authenticated by the Secretary.

**Membership**

We are a friendly group and visitors are very welcome to just turn up at one of our meetings free of charge. Anyone interested in their company or organisation becoming a member should either complete the Membership Form on this leaflet or contact Andrew Owst, Secretary or Joan Ostheimer, Group Administrator. Fees are shown on the Membership Form but if you prefer to pay by BACS or invoice, this is not a problem - just contact Joan.

**MEETINGS 2018 - 2019**

**Thursday 27 September 2018**

**UNEXPLODED ORDNANCE – IS YOUR SITE AT RISK?**

1st Line Defence are market leaders in unexploded ordnance (UXO) risk mitigation services. Mark will tell us why the many legacy sites in Bristol should be considered and what can be done with them plus there will also be an opportunity to handle the many (inert) examples on show.

*Speaker: Mark Watson, 1st Line Defence*

**Thursday 25 October 2018**

**COSHH ASSESSMENT BEYOND REACH/CLP REGULATION**

Outlining recent changes to classification, labelling and the structure of Safety Data Sheets, David will explain the implications for COSHH Assessors and the new duties on users of chemicals in the workplace.

*Speaker: David Osborn, Trident HS& E Ltd*

**Thursday 22 November 2018**

**BEHAVIOURAL H&S FOR GROWN UPS**

Improvement can only start with understanding people and then knowing how to have adult to adult safety conversations.

*Speaker: Andy Gordon, Hastam*

**Thursday 13 December 2018**

**GETTING RID OF LIMITING BELIEFS**

Are you aware of how a self-limiting belief can impact upon YOUR ability to create a safe working culture within YOUR organisation? Gain a better understanding of how this can be changed and have a lot of fun in the process!

*Speaker: David Harrison, Sunrise Solutions Ltd*

**Thursday 10 January 2019**

**JOINT ANNUAL LEGAL UPDATE WITH IOSH**

Our speakers leave us in no doubt as to what's expected of us, and what the consequences can be if we get it wrong. Miss this and miss out!

*Speakers: Kevin Bridges, Pinsent Masons Solicitors & Richard Voke, Ashfords Solicitors*

**Thursday 14 February 2019**

**CONSTRUCTION REVIEW & UPDATE ON GRENFELL TOWER**

Ian Whittle from the HSE's Construction Division will talk about the more significant accidents and prosecutions from the past 12 months and tell us what we can expect from the HSE in 2019. Richard Voke of Ashfords Solicitors will then update us on the Grenfell Tower Inquiry ahead of his full analysis in May.

**Thursday 28 March 2019**

**WELCOME TO THE WORKPLACE!**

Gain valuable insights into the safety considerations needed for apprentices and young people as our speakers explore the very real challenges presented when recruiting, training and keeping them safe and healthy at the beginning and during their working lives.

*Speakers: Sian Pearce & Jo Down, Ian Williams Ltd*

**Thursday 25 April 2019**

**SITE VISIT: THATCHERS CIDER COMPANY LTD AT SANDFORD**

Traditional methods and state of the art equipment combine to craft outstanding ciders and ensure the sustainability of this family owned business. Accompanied by a H&S guide, the tour fee will be paid by AOSH so only definite bookings will be accepted.

*Hosts: Thatchers Cider Company*

**Thursday 30 May 2019**

**WHAT'S NOW KNOWN ABOUT THE GRENFELL TOWER DISASTER (+ AGM)**

Speaker Richard Voke of Ashfords LLP will provide a full analysis of the Grenfell Tower Inquiry, what it means for those involved and how it is likely to affect fire and Health & Safety legislation and risk management in the future.

*Speaker: Richard Voke, Ashfords Solicitors*

**MEMBERSHIP APPLICATION**

Membership of AOSH by a company, organisation or individual provides the following benefits for all their employees:

- A full, varied programme of presentations on topical Health & Safety issues.
- Access to a wealth of safety expertise, information and advice from members across a wide range of businesses and industry sectors.
- Opportunity to network with others of similar professional needs and interests.
- Regular but informal contact with health, safety and environmental enforcement personnel.

Annual subscription rates for AOSH due from 1st June 2018 are:

- £90** Businesses or organisations with 50 or more employees
- £60** Businesses or organisations with 5-49 employees
- £30** Individuals or businesses with fewer than 5 employees

Please complete the Member Information and send with your request for an invoice and/or BACS payment details, cheque (payable to 'Avon Occupational Safety & Health Group') or purchase order to our Group Administrator:

Joan Ostheimer AOSHcoordinator1@gmail.com  
The Mead, Main Street, Chilthorne Domer, Somerset, BA22 8RD

**MEMBER INFORMATION 2018-2019**

Company or organisation: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Postcode: \_\_\_\_\_

Tel: \_\_\_\_\_ No. of employees: \_\_\_\_\_

Website: \_\_\_\_\_

Company email: \_\_\_\_\_

**Principal contact:**

First name: \_\_\_\_\_

Surname: \_\_\_\_\_

Job title: \_\_\_\_\_ Tel: \_\_\_\_\_

Email: \_\_\_\_\_

Please take up any queries with AOSHcoordinator1@gmail.com and notify her if your principal representative and/or their email address changes during the year, so we can maintain contact and continue to keep members informed at all times.

Any information collected for AOSH will only be used for administrative purposes within the Group in accordance with the 1998 Data Protection Act. It will not be disclosed to any other third party without the express permission of the individual/s concerned.

